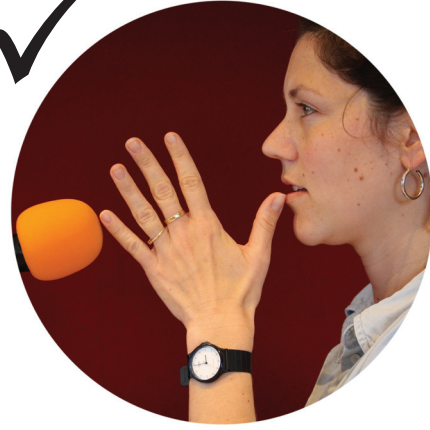


# NO DISTORTION PLEASE

X



✓



Radio is not a stadium and you are not a rockstar (yet!) So please do not kiss the microphone.

**A hand-span from the microphone is the right position.**

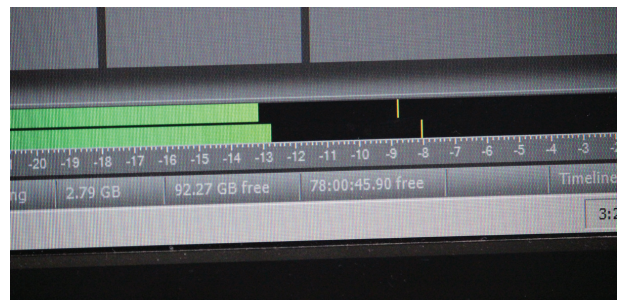
Remain steady in your seat when speaking. Rocking back and forward and side-to-side will put you "off-Mic" and spoil your sound.

In the correct position, check the VU meters.

VU meter



VU meter digital



Just below the red is the best position. Note where that puts you on the fader. That setting will give you the clarity without distortion that listeners need to hear.

If you are controlling the microphones of others in the studio, ensure they are set up by the same method.